

Name of Health Institute

MEDICAL FITNESS CIRTIFICATE (ONLY FOR NEPALESE HAJJ PILGRIM-2026)

Recent Photo

Name: Gender: Age:

Date of Birth (A.D.) Blood group: Passport no/Citizenship no:

Marital Status: Address (Full):

VITALS SIGNS:

Blood Pressure		mmhg	Pulse Rate		beats/Min
Respiratory Rate		/Min	Spo2		%

Major Organ Failures

Yes / No

Kidney Failure requiring dialysis	
Heart Failure with minimal physical exertion	
Chronic Lung Diseases requiring intermittent or continuous oxygen use	
Advanced Liver Cirrhosis with signs of liver failure	

Neurological and Psychiatric Illnesses:

Severe conditions that impair cognition or are accompanied by motor disabilities

Aging-Related Conditions:

Advance Senile Dementia

Pregnancy Considerations:

Pregnancy in the last Trimester

High-Risk Pregnancy at any stages

Infectious Diseases:

Active diseases that pose a public health risk, such as:

- Open Pulmonary Tuberculosis
- Hemorrhagic Fevers

Cancer Patients:

Patients with active cancer who are receiving chemotherapy or similar medications and procedure that severely suppress the immune system.

Diagnosis:

Remarks:

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Attending Physician

Name:

Designation:

NMC No.:

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Medical Hajj Mission Officer

Nepal Hajj Committee

Name :